

Registration:  
Please send to  
Alzheimer's Association,  
2900 Westchester Ave, Suite 306,  
Purchase, NY 10577  
by April 17

Name \_\_\_\_\_  
Title \_\_\_\_\_  
Profession \_\_\_\_\_  
Family Caregiver \_\_\_\_\_  
Address \_\_\_\_\_  
\_\_\_\_\_  
Town \_\_\_\_\_ Zip \_\_\_\_\_  
Phone \_\_\_\_\_  
Email \_\_\_\_\_

Please select one workshop for each hour below:

10 am A \_\_\_\_\_ B \_\_\_\_\_  
11 am C \_\_\_\_\_ D \_\_\_\_\_  
12 pm E \_\_\_\_\_ F \_\_\_\_\_

## A Big Thank You to Our Sponsors

### THE ADELE ROHRlich FAMILY

*The family of Adele Rohrlich established a memorial in her name in 2003 to promote education about "Cutting Edge Alzheimer's Care" for professionals and family caregivers.*

### WHITE PLAINS HOSPITAL, SENIOR SERVICES PROGRAM

*has generously donated the space for today's program.*

### HEARTHSTONE ALZHEIMER CARE

*www.theearth.org  
has partially underwritten the cost of Dr. Camp's lecture.*

### THE NYS HEALTH CARE PROVIDERS ASSOCIATION,

*Hudson Valley Chapter has underwritten the cost of the breakfast.*

Non-Profit Org.  
U.S. Postage  
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Hudson Valley/Rockland/Westchester, NY Chapter  
2900 Westchester Ave, Suite 306  
Purchase NY 10577

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## 6<sup>th</sup> Annual Adele Rohrlich Memorial Lecture

Cameron Camp, Ph.D.

“MONTESSORI-BASED ACTIVITIES  
for  
PERSONS WITH DEMENTIA”

Friday, April 24, 2009  
9:00am - 1:00 pm

WORKSHOPS:  
Creating Stimulating,  
Therapeutic Activities  
for Persons with Dementia

 White Plains  
Hospital Center

White Plains Hospital  
Davis Avenue • White Plains, NY

*For Home Health Staff,  
Recreation Therapists,  
all Facility and Adult Day Care Staff  
and Families*

## Program Schedule

**8:30 Registration and Breakfast**

**9:00 Welcome and Introductions**

**9:05 The 6<sup>th</sup> Annual Adele Rohrlich Lecture  
Cameron Camp, Ph.D.**

**“MONTESSORI-BASED ACTIVITIES  
FOR PERSONS WITH DEMENTIA”**

**10:05 Workshop A**

**BRAIN STIMULATION PROGRAM/RECREATION THERAPY**

The Brain Stimulation Program is specifically designed to meet the client's individual strengthening needs. Activities include computerized games, word games and exercises, board games, creative exercises, crafts, language stimulation, cooking projects, fine motor skill enhancement through puzzles, etc.

*Toni Musto, MPH and Stacey Zaslou-Cook, LMSW, C-ASWCM have owned and operated Journey For A Day, Inc for over six years.*

**10:05 Workshop B**

**ART SPEAKS: USING PICTURES TO STIMULATE  
CONVERSATION (AND HAVE FUN!)**

Participants will experience and discuss how looking at visual images engages, stimulates, and promotes conversation between and among people with dementia, family members, caregivers, and others.

*Alice Kraus, MA, of the Bruce Museum leads outreach programs for people with dementia at Westchester and Fairfield County adult day care programs.*

**11:05 Workshop C**

**WORD PLAY: LOOKING AT JOURNALING AND THE  
USE OF POETRY AS LANGUAGE SHIFTS**

This workshop will explore how to use journaling, storytelling, poetry and prayer to engage and communicate as language becomes more and more compromised.

*Rev. Maria Scaros-Mercado, RDT-BCT, LCAT is the Director of Therapeutic Activities, Creative Arts Therapy and Volunteer Services at The Hebrew Hospital Home of Westchester. Maria is a registered board certified trainer of Drama Therapy, a licensed creative arts therapist and a recently ordained Interfaith Minister.*

**11:05 Workshop D**

**DANCING WITH POETRY WORKSHOP. YES! DANCE TO POETRY!**

This inspirational, hands-on workshop teaches simple techniques and skills to facilitate using poetry with people living with Alzheimer's disease and related dementia. You will learn how to use poetry to make people laugh, sigh over a remembered love or dance.

*Gary Glazner is founder and executive director of the nationally recognized Alzheimer's Poetry Project.*

**12:05 Workshop E**

**CONNECTING WITH THE PERSON IN LATE STAGE  
DEMENTIA- IT'S A MATTER OF THE SENSES!**

This workshop will explore diverse ways in which families and professionals can enrich their interactions with a person who has late stage dementia. Presenters will share successful strategies, using various sensory modalities such as touch, massage, music, color and aroma, to have interactions which are meaningful and promote connectedness.

*Jeannette Devine, RN, Music Practitioner  
Barbara Helwig, LMT, Massage Therapist  
Mary Lou Scott, RN, BSN, Hospice Nurse with  
Hospice Care of Westchester and Putnam, Inc.*

**12:05 Workshop F**

**THERAPEUTIC RHYTHMIC ACTIVITIES FOR EVERYDAY CARE**

This educational session will provide attendees with the knowledge of the effectiveness of therapeutic drumming and rhythmic activities for people with dementia and will also provide attendees with the basic skills to select participants and to conduct basic therapeutic drumming circles and rhythm based activities.

*Concetta M. Tomaino, D.A., MT-BC, LCAT, is the executive director and co-founder of the Institute for Music and Neurologic Function (IMNF) and Marlon I. Sobol, MT-BC, LCAT, is the manager of the IMNF at Schnurmacher Center for Rehabilitation and Nursing in White Plains, NY.*

White Plains Hospital is at Davis Avenue and Post Road in White Plains. Parking is at the municipal lot on Longview Ave between Maple and Post. Please do not park in the hospital lot on Davis Ave.

## Our Adele Rohrlich Memorial Lecture



**D**r. Cameron Camp, author of *Montessori Based Activities for Persons with Dementia*, is a noted psychologist specializing in applied research in gerontology. As research Professor of Psychology at the University of New

Orleans and, as Director and Senior Research Scientist at the Myers Research Institute in Cleveland, Ohio, his work involved research into non-pharmacologic interventions for behaviors associated with dementia. His current position as Director of Research and Product Development at Hearstone Alzheimer Care enables him to continue his work in translational research and application of interventions to alleviate challenging behaviors and increase the level of functioning of persons living with dementia.

**The Alzheimer's Association** is the world leader in Alzheimer research and support. Local services include:

- 24-Hour Toll-Free Helpline: 1 (800) 272-3900
- Family/Caregiver Support
- Early Stage Memory Loss Support Groups
- Free Care Consultations
- Free Paralegal Information
- Advocacy
- Community and Professional Educational Programs
- Educational Materials & Local Publications
- The Medic Alert+Safe Return Program®

**White Plains Hospital Center**, Senior Services

Program is a free consultation program where a gerontological nurse specialist will come to your home and discuss your health problems and then compile the most suitable community resources to meet your needs or those of your family member. The goal is to maintain the older adult in the community in a safe environment.